Stellar Faculty of Nurse Leaders & Practitioners

Dr. Barbara Dossey, PhD, RN, AHN-BC, FAAN, of Nightingale Initiative for Global Health, AHNA Holistic Nurse of the Year

Susan Luck, RN, BS, MS, HNC, CS, of EarthRose, AHNA Holistic Nurse of the Year

Dr. Lynn Keegan, PhD, RN, AHN-BC, FAAN, Past AHNA President.

Dr. Deva-Marie Beck, PhD, RN, Co-founder of Nightingale Initiative for Global Health.

Jackie Levin, RN, MS, AHN-BC, CHTP, of Leading Edge Nursing, Educator in Integrative Holistic Nursing.

Denise Carrico, BFA, Yoga Teacher in Residence; Harmony Hill Caretaker.

• ACCOMMODATIONS: Overnight accommodations are available Sunday-Tuesday nights, Sept. 9-11.

• TIME: Program begins at 9:00 AM on Monday 9/10 and concludes after lunch on Wed. 9/12

• PROGRAM TUITION: $445 per person after 7/15/12, includes three lunches and 16 CNEs.

• EARLY BIRD DISCOUNT: $395 per person for registrations made by July 15, 2012.

• HARMONY HILL ACCOMMODATIONS: Overnight accommodations are available the nights of Sept. 9, 10 and 11, 2012 at Harmony Hill Retreat Center for an additional $100 per night. This rate includes overnight accommodations plus dinner & breakfast. There are also camping options available for $75 per night, including meals. Most rooms are double occupancy. This rate includes any applicable taxes.

• REGISTER, MAKE OVERNIGHT RESERVATIONS & PAY Online, HarmonyHill.org or you can contact Harmony Hill at (360) 898-2363 or email: info@harmonyhill.org with questions regarding this program.

Harmony Hill Retreat Center
Harmony Hill began with Gretchen Schodde’s dream to create a retreat center where people could experience renewal and deep well-being. In 1986, Harmony Hill opened its doors as a small nonprofit retreat facility focusing on wellness.

In 1994, Harmony Hill added our Cancer Retreats, the heart of our mission, to provide support for those affected by a cancer diagnosis including caregivers and health professionals.

Today, Harmony Hill serves thousands of visitors each year through our many programs, including those living with cancer, those who seek a retreat away from their daily lives, nurse renewal & educational programs, and those who want to make healthy changes in their lifestyle.

Our Mission:

Harmony Hill’s mission is to transform the lives of those affected by cancer and to inspire healthy living for all.

Nurturing the Nurse
September 10-12, 2012
Harmony Hill Retreat Center
Union, WA 98592

Nurturing the Nurse is more than a self-care program. It’s an opportunity to recreate your practice to reflect who you are at the core as a nurse. Through the educational components, you experience the impact of holistic mind-body nursing interventions for transforming health and illness and how to incorporate them from the personal to the global. Immersed in a retreat environment, you are surrounded by nature’s beauty, nourished with spectacular meals, and have free time to explore, rest and renew.

Up to 16 CNE Credits Available Depending Upon Participation.

Program Sponsors
Northwest Organization of Nurse Executives
Nightingale Initiative for Global Health
EarthRose Institute
The Northwest Center for Nurse Renewal
September 10, 2012 ~ Monday ~ Day 1

7:30-8:30  Breakfast for HH occupants®
8:30-9:30  Check-in, Registration: Tea, Meet and Greet
9:30-10:00  Welcome & Introductions
10:00 10:45  “Nursing as a Healing Art: The Integral Holistic Model of Care”
   Barbara Dossey
10:45-11:00  Break
11:00-12:00  “Mind-Body connection with mindfulness meditation and metaphors”
12:00-12:45  “Nutritional Nurturing: Nutritional Healing”
12:45-1:45  Gourmet Buffet Lunch
1:45 – 3:15  “Hand Massage: Heart-Mind Connection for self and patient.”
3:15-3:45  Break
3:45-5:15  “Roots of Healing: A Nursing Journey”
5:15-6:15  “Nature as messenger and mirror for insight and renewal”
6:30  Dinner Buffet for HH occupants®

®HH Occupants are those who have chosen Harmony Hill for overnight accommodations.

September 11, 2012 — Tuesday — Day 2

7:30-8:30  Breakfast Buffet for HH occupants®
8:45-10:15  “Panel: Creating Optimal Healing Environments”
10:15-10:30  Break
10:50-12:00  “Bringing Ritual for Optimal Healing Environments”
12:00-1:30  Gourmet Buffet Lunch
1:30-2:30  “Healing Our Internal & External Environment”
2:30-3:00  Break
3:00-3:30  “Yoga Stretching for Awareness”
3:30-5:00  “Creating Healing Communities & A Healthy World”
5:00-5:15  Break
5:15-5:45  “Guided Journey of the unfolding self.”
6:30  Dinner Buffet for HH occupants®

Optional Evening Activity NN Faculty to be determined

September 12, 2012 — Wednesday — Day 3

7:30-8:30  Breakfast Buffet for HH occupants®
9:00-9:50  “Being the Change We Want to See”
9:50-11:00  “Developing a Self-Care Plan from an Integral, Holistic Model of Nursing”
11:00-11:15  Break
11:15-12:00  “Final Imagery Reflections & Closing”
12:00-12:15  Program Evaluation
12:15-12:45  Announcements & Farewell
12:45  Lunch provided before departure

This continuing nursing education activity was approved by the American Holistic Nurses Association’s Education Approver Committee, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Approval for contact hours through the AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

In order to assure the highest quality continuing nursing education activities, the planning committee members, staff members, and presenters of this offering have no conflicts of interest or potential conflicts of interest related to convening this offering.

**Please Note**
You have the option to attend as many sessions as you wish, or pick and choose the options that best suit your interests & needs. Faculty can help direct your choices.

You can earn up to 16 contact hours.